



K25P 3504

Reg. No. :

Name :

**I Semester M.A. Degree (C.B.C.S.S. – OBE-Reg./Supple./Imp.)
Examination, October 2025
(2023 Admission Onwards)
PHILOSOPHY
Elective Course
MAPHL01E02 : Philosophical Counselling**

Time : 3 Hours

Max. Marks : 60

PART – A

Answer **any five** questions. **Each** answer carries **3** marks.

1. Define Philosophical Counselling.
2. Explain Mindfulness.
3. Examine basic features of Philosophical Counselling.
4. Define Phenomenology.
5. Identify prominent eastern approaches which could be used for Philosophical Counselling.
6. Differentiate between Philosophical Counselling and Psychological Counselling.

(5×3=15)

PART – B

Answer **any three** questions. **Each** answer carries **6** marks.

7. Analyze inner conflict of man with reference to 'Existential givens'.
8. Examine logo therapy as a tool of Philosophical Counselling.
9. Explore the relevance of Socratic dialogue in Philosophical Counselling.

P.T.O.



10. 'A Client approaches the counselor with chronic anxiety over work deadlines and outcomes which are beyond his/her control. How could this issue be addressed with Stoic Anxiolytics.
11. Identify the Phenomenological approach in Philosophical Counselling. **(3×6=18)**

PART – C

Answer **any three** questions. **Each** answer carries **9** marks.

12. Elucidate the existential approaches in Philosophical Counselling.
 13. Evaluate the role of Analytic Philosophy in Philosophical Counselling.
 14. Analyze the role of Rationality in Philosophical Counselling.
 15. Elucidate the methods of Philosophical Counselling.
 16. Analyze how Zen Buddhism contributes to Philosophical Counselling. **(3×9=27)**
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